# Mount Pernon Gazette

Mount Vernon's Hometown Newspaper • A Connection Newspaper

#### June 29. 2023

## Competition on the Front Lines in Mount Vernon?

Family bakery not worried about big-name eatery coming next door.

By Mike Salmon The Gazette

ith a new Dunkin' Donuts opening in the Engleside area of Mount Vernon, this national chain may make the owners of nearby Mom and Pop shops nervous but not the family members at Postres Victoria Bakery right next door.

In fact, it's just the opposite, said Karla Santos, one of the bakers behind the counter. "It will bring in more customers for us," she said. The handcrafted variety of pastries they serve and the custom "Boba Milk Tea," are popular with their customers.

Boba Milk Tea is a specialty tea with origins from Taiwan that is also known as "bubble tea." The secret is the tapioca balls called "pearls," that are added after brewing for a unique taste. Postres is one of the only places in Mount Vernon that serves this tea.

Dunkin' Donuts are popping up all around the area and it's a familiar site to many, but Santos is confident, pointing at a wall of tissue-paper flowers she and some of the others made. If the customers are looking for variety with an El Salvador flavor, Postres has it.

The specialty bakery items and drinks are their key, said Sheina Waddell at the Community Business Partnership located in Springfield. "She sells items



The new Dunkin' Donuts will have a drive-thru window too.

they (Dunkin') won't sell," said Waddell, who recommended a few business strategies to help this small business survive. That included increasing their visibility, running promotions in their marketing efforts and working with the shopping center's leasing management company to see what they can do to help.

#### **Positive Changes Coming**

Future plans are expected to benefit many of the businesses in this area in the coming years. Nearby Fort Belvoir is growing, said the Fairfax County Economic Development Authority, and their master plan allows for up to 56,000 workers by 2030. The area is also expected to benefit from the Embark Richmond Highway plan which could bring more donut and pastry eaters, plus Boba Milk Tea drinkers to the area, benefiting both the new Dunkin' Donuts and the bakery. Project wise, they are both in the Woodlawn Community Business Center section which will be close to a new bus rapid transit stop when the project comes to fruition.



At Postres Victoria, Karla, Janet and Daisy keep the baked items and tea flowing.



Dunkin' is hiring for this location.

## Old Motel Continues To Operate Plans for property include new housing.

By Mike Salmon The Gazette

n the east side of Richmond Highway in Mount Vernon, there is an old motel with some occupied rooms and some boarded up doors, a dilapidated swimming pool and beat up parking lot, with the future of this property in question.

There are property owners involved, a surrounding community with questions and now it's become a legal matter with lawyers looking into it. Over the last seven years, plans were laid out for different uses on this 2.5 acre piece of land. In 2016 the site was considered for a storage facility that "not only revitalizes the area but provides for services needed by the community" stated a Mount Vernon Council of Citizens Associations letter dated Feb 12, 2016 advising a developer to move forward with that plan.

Fast forward five years and it's come up again on the MVCCA agenda. Although no official offer was made, Evergreen Investment Company was interested in purchasing the property to include multi-family housing apartments for rent using the same footprint that is currently in use with the Brookside Motel.

On Dec. 7, 2021 the Board of

Supervisors authorized the consideration of a Comprehensive Plan amendment for the Brookside Motel as housing at 5-8 dwelling units per acre with an option for a public park, and some concerns about the 100-year floodplain. Although this plan was hatched over 18 months ago, it still remains the current plan for the property, according to the county zoning office.

There are no dates attached to this plan so for now, the aging motel with a boarded-up door on one room, a stagnant pool and sprinkling of cars in the parking lot remains.

Housekeeping staff was at work cleaning some of the rooms. Front office staff was not available.



The swimming pool is covered with a tarp and doesn't look like it will open this summer.

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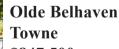


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## News

# Home of the Brave

"Flags For Heroes" on display at Cedar Knoll.

By Jeanne Theismann Gazette Packet

he strains of a lone trumpeter filled the air as hundreds of American flags stood overlooking the Potomac River as part of the 6th annual Flags for Heroes opening ceremony June 25 on the grounds of Cedar Knoll Restaurant.

Sponsored by the Rotary Club of Alexandria, the Flags for Heroes project provides community members an opportunity to dedicate a flag to honor a hero in their life. A card attached to each flag bears the name of the hero – a friend, family member, veteran, healthcare worker, first responder or other hero -along with the name of the individual sponsor.

"The Flags for Heroes project recognizes those individuals who have made a difference; teachers, mentors, parents, first responders and members of the military service who continue to defend our rights as citizens," said Rotarian and organizer Sharon Meisel. "We do not take their service for granted."

More than 300 flags were unfurled at 6 a.m. the previous day to set up the display, which will remain in place through July 8.

This year's Flags for Heroes program raised in excess of \$30,000 which will benefit Alexandria Rotary Club community projects and provide direct financial support to more than 40 local charities and nonprofits. www.alexandriarotary.org



Paul Johnson performs Taps to close the opening day ceremony of the Flags for Heroes program June 25 at Cedar Knoll Restaurant. The flags will be on display through July 8.

"The Flags for Heroes project recognizes those individuals who have made a difference." — Project organizer Sharon Meisel



### Service Above Self

The Rotary Club of Alexandria held its annual Contributions Day June 20, presenting 26 area nonprofits with grants to advance literacy for children and adults and/or improve the lives of children, youth, seniors, and others with special needs within the city of Alexandria. Pictured are representatives of some of the organizations at the event at Belle Haven Country Club. www. alexandriarotary.org



Alexandria Rotary Club president Bob McClure, second from left, stands with past presidents Mike Wicks, John Moorman and Sharon Meisel at the opening ceremony of Flags for Heroes June 25 at Cedar Knoll Restaurant.



Edward Mitchell stands among the Flags for Heroes display June 25 at Cedar Knoll Restaurant.

## OPINION

## **On Recent Incidents of Hate Speech**

Cathy Hosek

n behalf of the Ventures in Community Steering Committee, Ventures in Community, an organization centered in the Route 1 community that represents more than two dozen houses of worship and non-profit organizations, calls for accountability and restorative justice for the people who painted graffiti with homophobic and antisemitic messages on the "spirit rock" outside West Potomac High School af-

BY BRENDA FAISON. ter it had been decorated for June as Pride and AAPI month.

> According to a message from the principal, the graffiti were discovered the morning of June 7, before the community gathered at the school for this year's graduation ceremony.

The rock was immediately repainted by custodians, according to Mount Vernon School Board Member Karen Corbett Sanders, who said police are still searching for the culprits. A further instance of cruel rhetoric took place June 6 at Falls Church High School when a student video recorded the burn-

ing of a stolen pride flag while another young person used hatefilled language.

Ventures in Community envisions a diverse and welcoming community. Our various scriptures are clear on how we should treat one another, for the golden rule is enshrined in every major faith. To treat people of backgrounds different from our own with prejudice, disdain, hatred, or cruelty is contrary both to the spiritual commandments and to basic human decency. We were created different so that we may know and learn from one another.

The VIC steering committee states that those involved, as well as those who encourage cruelty and prejudice, should be held accountable. A just accounting should be restorative to repair wrongs and to heal darkened hearts.

The breeding-ground of tragedies is prejudice of race and nation, of religion, of political opinion. We can do better and our young citizens can learn to accept and even embrace diversity of background, experience, and opinion without succumbing to base instincts. We all can show forbearance, benevolence and love.

# Lots of Buzz! Support pollinators by planting native plants, limiting or eliminating pesticides.

Krizek

**FCPD** Summer Crime Prevention Initiative

#### By Del. Paul Krizek

his past week we recognized National Pollinator Week, an event celebrated internationally in support of pollinator health and to raise awareness of declining pollinator populations. Did you know that a third of our nation's food supply relies on pollination? Pollination is crucial to the nourishment of over 1.200 different food crops and 200,000 other species of plants overall that yield oils, cotton, clean air and more.

Pollinators are critical to biodiversity, a healthy ecosystem and ultimately, our survival. Pollination is the transfer of pollen grains from one flower to another that enables plants to develop seeds and reproduce. Pollinators enjoy a mutualistic relationship with these

By Supervisor Dan Storck

continue to work with our local police captains and officers to keep our community safe,

while connecting with residents

and businesses to raise awareness

for crime prevention. As such, I am pleased to announce the Fairfax

County Police Department (FCPD) launched the 2023 Summer Crime

Prevention Initiative with several

In an ongoing effort to proactively combat crime in Fairfax County and keep the County one of the safest of its size, FCPD has launched a coordinated effort to

reduce crime through strategic

See Crime, Page 10

focus areas.

Mount Vernon District

plants, finding necessary pollen and nectar sources while helping plants fulfill their reproductive needs. While some plants may be pollinated by wind, water, or even by themselves, it is much more common for pollination to rely on the (often unin-

tentional) labor of animals. When you think of pollination, you probably picture bees happily buzzing from flower to flower, but other species such as moths, butterflies, beetles, flies, bats, and birds also play a critical role. These animals perform a vital service that much of life on earth quite literally could not live without.

Without the work of these pollinators, our nation's crops would yield fewer fruits, nuts, and veg-

etables, impacting our food supplies and pushing prices at the grocery store higher.

Each year, pollination by honey bees alone adds more than \$18 billion in value to agricultural crops. The crops that rely on honey bee pollination for reproduction include peach-

es, strawberries, watermelon, and cauliflower. Agriculture is by far Virginia's largest private industry, with an economic impact of \$82.3 billion annually and supporting over 381,000 jobs.

However, in recent years, pollinator species, including honey bees, face increasing threats from habitat loss, rising temperatures, disease, and the excessive and inappropriate use of pesticides.

While honey bees were imported from Europe roughly 400 years ago, the nearly 4000 species of native bees also currently pollinate many crops and can be encouraged to do more to support agricultural endeavors if their needs for nesting habitat are met and if suitable sources of nectar, pollen, and water are provided.

In accordance with the mission of Pollinator Week, last week the Environmental Protection Agency (EPA) announced it is developing new strategies to protect pollinators from pesticides as outlined in the agency's first-ever Endangered Species Act workplan, continuing to review pesticides already on the market to reduce harm to pollinators, raising public awareness, and working with other federal agencies and state and local part-See Lots of Buzz!, Page 5

### Mount Vernon Gazette

www.MountVernonGazette.com

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An independent, locally owned weekly newspaper delivered to homes and businesses. Published by

Local Media Connection LLC 1606 King Street

Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

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A Connection Newspaper



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## News Lots of Buzz!

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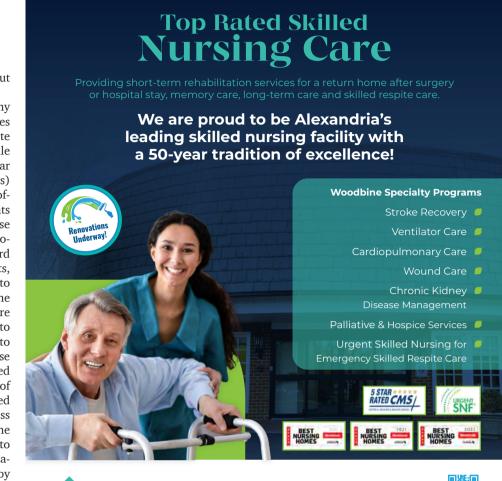
ners on the issue. The EPA is also working to identify potential geographically specific protections in the habitats of 27 endangered species especially vulnerable to pesticides, including three pollinators and other species that depend on pollinators, to reduce their exposure to outdoor uses of conventional pesticides. These species were selected due to their enhanced vulnerability caused by limited geographic range, small population sizes, and susceptibility to environmental stressors.

These mitigations aim to protect areas where the selected species are most likely to live and could be exposed to spray drift and runoff from pesticide-treated areas. The proposed mitigations are protective of the selected species but also simple enough that all pesticide users can easily understand and implement the mitigations.

On the state level, in 2021, I passed a study to enhance the communication between certified pesticide applicators and beekeepers in the Commonwealth. In 2020, Virginia began the Pollinator-Smart program to provide incentives and tools that encourage the solar industry to adopt strategies that promote pollinators such as planting native species under solar panels. Including native plants in solar fields provide a host of ecological benefits aside from pollinator habitat, including deeper root systems to help with stormwater management. But more needs to be done.

What can we all do to promote healthy pollinator populations? Pollinator species are attracted to areas that provide adequate food, shelter, and water sources. While pollinators can feed on a variety of nectar sources, their larvae (often caterpillars) are dependent on specific host plants, often with only one or very few such plants per species, so it's important to plant those native host plants too, like milkweed, violets, oak trees and more. If you have a yard or garden, plant a variety of native plants, including trees, shrubs, and wildflowers to provide nectar and pollen throughout the year. Build bee boxes and keep areas of bare soil for ground-nesting bees to burrow to encourage solitary, non-aggressive bees to nest on your property. If you choose to use a bee hotel, they will need to be disinfected after every season to prevent the spread of bee diseases. Learn and utilize Integrated Pest Management (IPM) practices to address pest concerns, and work to eliminate the use of pesticides, which are largely toxic to pollinators. You can learn to build a pollinator-friendly habitat suitable to our area by visiting here: https://www.pollinator.org/ guides.

The continued protection of pollinators is essential to our global economy, human health, and food security.



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## Museum



From left, Pamala Anderson, Dr. Evelyn Russell, Phyllis Walker Ford, and Anna Barnes.



Parents and students seated inside of the Laurel Grove School Museum hearing from the speakers and asking questions.



Parents, students and Dr. Evelyn Russell (standing) inside of the Laurel Grove School Museum hearing from the speakers and asking questions.

# Symbol of the Drive to Get an Education

### Laurel Grove School Museum.

By Glenda C. Booth Mount Vernon Gazette

wo miles from the non-stop Beltway/ Interstate 95-495 stands a one-room, one-level, wooden building with dark green shutters on Beulah Street, in the shadow of the 37-acre, looming MetroPark commercial campus, a multi-story complex with glossy, turquoise windows. The little white building is the Laurel Grove School Museum built in 1884 and once

flanked by a laurel grove. This seemingly out-of-place structure, sitting amid Fairfax County's sprawl, is the only surviving one- rel Grove School Association in 2002. room school built for African Americans in Northern Virginia.

Phyllis Walker Ford's enslaved great-grandparents, William and Georgianna Jasper, deeded one-half acre of their farm to the segregated, then-called Mount Vernon School District for \$10.00 in 1881. In 1884, they deeded another half-acre to build the Laurel Grove Baptist Church next door.

The local public school system did not build the Laurel Grove Colored School. Local African-American families contributed monev, wood and labor and built it themselves at a time when Virginia's public schools, by law, were racially segregated. The families found textbooks and recruited a teacher. Fairfax gro man Henry \$350; one old negro man of enslaved people throughout the nation, County provided one cord of wood a year.

sat there until 2000 when the Jaspers' de- rolltown, an African-American community history, Mark and Barbara Fried decided to towne Village Boulevard. 6 ♦ Mount Vernon Gazette ♦ June 29 - July 5, 2023



The Laurel Grove School Museum

restore the school. They ripped out drywall, a kitchen and bathroom and formed the Lau-

The Laurel Grove Colored School seated 22 to 28 students in grades one through seven. In its last year, 1932, before being absorbed into the public school system, it had seven students. Some students walked five miles one way to get to and from school.

#### A 1920s Classroom

Today, the Laurel Grove School Museum, the blackboards, wooden and wrought iron desks, an iron wood stove and oil lamps represent the 1920s. The museum has several documents, including a chilling inventory recorded by slaveholder William Foote who held the Jaspers, which says, "one ne- cans in Northern Virginia, like the history Aaron, \$10.

and auctioned off its contents. The building ca of the county's historical marker for Car- Some history was never recorded. scendants sold 13 acres to the Fried Com- near today's Hayfield and Old Telegraph Sustaining a Legacy panies to build MetroPark. When the devel- Road. Some of the school's students lived in opers' title search revealed the property's Carrolltown. The actual marker is on Kings-



Michelle Leete, president of the Fairfax County Branch of the NAACP, seated inside of the Laurel Grove School Museum with parents and students.

Next door to the museum is a half-acre cemetery with 75 graves. A few cement tombstones remain with hand-lettered, weathered inscriptions, perhaps scrawled into wet cement. One has a cross and records the passing of "Mr. Edgar Harris, BORN May 15th 1876 and DIEd May 19th 1961." For years, the name, "Moses Harris," was barely legible on another. Ford led an effort this year to research the people buried there, some of whom were born enslaved. Volunteers from the National Council of Negro Women helped clean the tombstones.

Much of the history of African Ameriis gone. The region's relentless development Fairfax County closed the school in 1933 The newest museum possession is a repli- has paved over and swallowed up much of it.

To museum director Ford, preserving the school's legacy is a very personal mission. Her great-grandfather, Jasper, was enslaved

on the Foote Farm in the Hayfield area and freed in 1846. In 1860, he bought 13 acres from a white slaveholder

Ford explains that when freed, many former enslaved people did not move away but stayed in the Franconia area. "Jasper purchased land less than two miles from where he was enslaved. Whites and blacks lived side by side and got along," she maintains, unlike some more racially-segregated communities

Virginia's schools were racially segregated since their beginning in 1870. "State and local officials ... generally resisted efforts to bring about desegregation and utilized their political power to avoid and then minimize public school desegregation," according to Encyclopedia Virginia. State elected officials in 1956 adopted an official racial segregation policy known as "massive resistance," opposed to the 1954 U.S. Supreme Court decision in Brown v. Board of Education of Topeka, Kansas, that mandated school desegregation. Desegregation in the

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the background.



The weathered tombstone of Moses Harris in the cemetery next to the school.

state began in 1959 and continued through the early 1970s.

and Clifton resident, Ford grew up in the Franconia area of Fairfax County. She attended the county's segregated public schools and rode 20 miles each way daily past white schools. She graduated from Luther Jackson, then Fairfax County's "black high school."

groups. On June 3, the Youth Council of the www.ConnectionNewspapers.com

#### PHOTOS BY MONROE ANDERSON JR.

Facilitators of the NAACP Youth Council event, from left to right they are: Mike Woltz, Anita Gill-Anderson and Monique Norwood.

The Laurel Grove School Museum and MetroPark in



Grove School Museum.



A typical 1920s one-room schoolhouse, "colored" school in today's museum.

A retired human resources professional

Today, she conducts tours for school



The type of ink students would have used for penmanship.

important to teach the importance of education, not just why it's important today but in vears past. Education will carry you places if you take it seriously.'

Ford believes that the museum can be especially meaningful to Fairfax County fourth grade students who study slavery and reconstruction and high school students who can choose African American history as an elective.

Ford's parents and brother are buried in and their consequences. "We are still uncov- family reunion and is seeking descendants of Fairfax County chapter of the NAACP, young- the cemetery. The laurel grove once around ering and learning," Ford says. "The school those who attended the school and church. sters ages 13 to 18, visited the museum. "We the school is long gone, but the school's spirit motto, 'Get an education and everything will The event will be open to the public. want them to be informed, to know history," lives on. To Ford, Laurel Grove School rep- fall into place,' is still important today." said Anita Gill-Anderson, Director of Pro- resents her ancestors' resiliency and passion gramming for the group. A retired Loudoun for an education. She wants others to better Seeking Descendants



An oil lamp like this provided light for students and teachers.

County teacher, Gill-Anderson stressed, "It is understand slavery, Jim Crow, segregation In September, the museum will host a 10 a.m. to 2 p.m.



Photos by Glenda Boot

A wood stove like this heated the classroom

### *Information: http://laurelgroveschool.* org/; open Tuesday, Thursday and Saturday,

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ENTERTAINMENT



## Ada's on the River A Few Restaurants To See the Fireworks

few of the many great places to enjoy the fireworks display in Alexandria right on the Potomac River.

Ada's on the River: Nestled on the picturesque waterfront, Ada's on the River offers a dining experience with a front-row seat to the fireworks extravaganza. Imagine indulging in exquisite food and drinks while watching awe-inspiring bursts of color and light in the sky.

Barca Pier & Wine Bar: For wine enthusiasts and tapas lovers, Barca Pier & Wine Bar is the ideal spot to watch the Fourth of July fireworks. With its Catalonian inspired cuisine, extensive wine selection, and a stunning view of the Potomac, guests can enjoy a glass of their favorite vintage and Spanish-Mediterranean small plates.

Vola's Dockside Grill: Vola's Dockside Grill, located near the historic waterfront, is a beloved local hotspot known for its seafood offerings and vibrant atmosphere. From the spacious outdoor patio, visitors can enjoy the display of fireworks in the company of friends and family.

# 4 Dates to Circle in July

By Hope Nelson Gazette Packet

rom birthday celebrations to soccer tournaments to parties in the park to a pub crawl reaching double digits, July is teeming with opportunities to celebrate with food and drink. Here are some of the month's best bets.

#### Alexandria Birthday Celebration, July 8

Sundown on July 8 brings fireworks to the equation, but the city's birthday celebration really carries on all day. Expect revelry throughout town, especially in Old Town, where the sidewalks will be jammed with people and the restaurants teeming with specials. Looking for a spot to take in the evening show? Snag a reservation at Jula's (formerly Café 44), Barca, Vola's or Ada's on the River. But do it quickly – they fill up fast.

#### Tenth Annual Old Town Pub Crawl, July 15

Is it really the 10th annual pub crawl already? Host Port City Brewing says yes. Get ready to belly up to several bars in your quest to have your passport stamped – and earn a limited-edition pint glass. From Bugsy's to Chadwicks, Virtue Feed and Grain to Blackwall Hitch, to many other stop-offs in between, you'll be able to sample some Port City beer at the various locations and make some new friends along the way. 1:30-6 p.m. Free to participate (but beers, of course, will cost you).

Women's World Cup Tournament, Beginning July 20 This year's soccer tourney, hosted in New Zealand, is going to be SEE APPETITE, PAGE 9

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## ENTERTAINMENT



Independence Day Fireworks will be held on June 30 and July 1 at George Washington's Mount Vernon.

#### JUNE 30 AND JULY 1

Independence Day Fireworks. At George Washington's Mount Vernon. Enjoy an evening of family fun and Independence Day fireworks along with patriotic music to celebrate the nation's founding. Guests also can attend a special wreath-laying at Washington's Tomb, watch colonial ice cream-making demonstrations, and enjoy 18th -century dancing. The Mansion will be lit in red, white, and blue during this event scheduled for June 30 and July 1.

#### SATURDAY/JULY 1

Fireworks. 6-10 p.m. At Workhouse Arts Center, 9518 Workhouse Way, Lorton. The Workhouse Arts Center will present a pre-Independence fireworks event Saturday, July 1 from 6-10 p.m. on its Lorton, VA 55-acre campus. The event includes the fireworks display (beginning at dark, approximately 9:15 p.m.), live music, free access to galleries, artist studios and museum; food and beverages are available for purchase. Entrance is free; parking is \$40 per vehicle. VIP tickets are available for \$120 and includes private reception, food, wine tasting and reserved seating for the fireworks show. To purchase tickets, visit workhousearts.org/fireworks.

#### SATURDAY/JULY 8

The City of Alexandria celebrates its 274th birthday on Saturday, July 8, starting at 6 p.m., with a performance by the Alexandria Symphony Orchestra and a grand finale fireworks display at 9:30 p.m. Enjoy the big birthday experience including cupcakes, local vendors and live music. Oronoco Bay Park,

**APPETITE** 

6 p.m. - Opening Music; 7:30 p.m. – Welcome by NPR's Suraya Mohamed. Announcement by Town Crier, Remarks by Mayor Justin Wilson, Poetry by Alexandria Poet

100 Madison St.

Laureate Zeina Azzam; 8 p.m. Distribution of birthday cupcakes by members of City Council; 8:30 p.m. - Performance by the Alexandria Symphony Orchestra; 9:30 p.m. - Grand finale fireworks display with Alexandria Symphony Orchestra performing 1812 https://www.alexandriava.gov/Birth-

day

#### NOW THRU JULY 15

Alexander D'Agostino: "A Shrine for the Forgotten" Exhibition. At the Torpedo Factory Art Center, 105 N. Union St., Alexandria. Baltimore-based solo artist exhibition recipient, Alexander D'Agostino, presents "A Shrine for the Forgotten." The work explores queer histories and images, through performance, installation, and reclaiming material from queer archives and other cultural resources related to the historic marginalization of LGBTQ people.

#### **THROUGH-AUGUST 31**

**Creative Summer Programs.** At Del Ray Artisans, 2704 Mount Vernon Ave., Alexandria. Creative Summer Programs is a series of workshops exploring the arts. Learn techniques in drawing, mixed media, mosaic, jewelry, watercolor, and more from local artists. Delve into creative exploration solo or with friends. For children and/or adults, free and paid programs are offered. Sign up for what inspires you! Visit the website: DelRayArtisans.org/cre-

#### **CITY OF ALEXANDRIA BIRTHDAY CELEBRATION AND FIREWORKS**

- The City of Alexandria will celebrate its 274th and the USA's 247th birthday on Saturday, July 8, at Oronoco
- Bay Park (100 Madison St.). The event includes a performance by the Alexandria Symphony Orchestra, ending with the Grand Finale -- a fireworks display at 9:30 p.m. Admission is free! Will you be attending?
- RSVP to help us plan the best event for you! Location: Oronoco Bay Park (100 Madison St.) 6 p.m. - Opening Music
- 7:30 p.m. Welcome by NPR's Suraya Mohamed, Announcement by Town Crier, Remarks by Mayor Justin Wilson, Poetry by Alexandria Poet Laureate Zeina Azzam
- 8 p.m. Distribution of birthday cupcakes by members of City Council
- 8:30 p.m. Performance by the Alexandria Symphony Orchestra
- 9:30 p.m. Grand finale fireworks display with Alexandria Symphony Orchestra performing 1812

#### FIREWORKS VANTAGE POINTS LOCATIONS Grand finale fireworks display, July 8 at 9:30 p.m.

Vantage points: Canal Center Plaza (Center Canal Plaza) Rivergate Park (2 Montgomery St.) Oronoco Bay Park (100 Madison St.) Founders Park (351 North Union St.) Waterfront Park (1A Prince St.)

ative-summer

### **MOUNT VERNON NIGHTS**

- Fridays at 7:30 p.m. at Grist Mill Park, 4710 Mount Vernon Memori-
- al Highway, Alexandria JUNE
- 30 Collective Delusion (Rock) JULY
- 7 Kickoman (Latin/Reggae) 14 Burn the Ballroom (Alternative
- Rock) 21 King Teddy (Swing)
- 28 The HalfSmokes (WHFS Playlists/ Alternative Rock)
- AUGUST 4 Kadencia Orchestra (Bomba, Plena, Salsa)
- 11 Collaboration featuring Lori Williams (Jazz)
- 18 Crack The Sky (Rock)

#### **CONCERTS**

- Wednesday evenings from 7:30-8:30 p.m.
- 6601 Telegraph Road, Alexandria. JULY 5 Natyabhoomi School of Dance (Indi-
- an Dance and Music) 12 The Pietasters (Ska)
- Soul)
- Dance) AUGUST
- 2 Pablo Perez El Alcalde de la Salsa (Salsa)
- 9 Alexandria Harmonizers (Chorus)

#### Point Lumley Park, (1 Duke St.) Windmill Hill Park (501 South Union St.)

Fords Landing boardwalk (99 Franklin St.) Jones Point Park (Jones Point Drive)

- George Washington Masonic Temple (101 Callahan Drive)
- In case of inclement weather, the event will be rescheduled to Sunday, July 9, at 6 p.m.

#### ALEXANDRIA SYMPHONY ORCHESTRA PERFORMS FOR ALEXANDRIA **BIRTHDAY CELEBRATION**

- Alexandria Symphony Orchestra will present a free concert as part of the 274th Alexandria Birthday Celebration on Saturday, July 8, 2023. The celebration, sponsored by the city and coordinated by the Department of Recreation, Parks and Cultural Activities, culminates with fireworks underscored by additional music from the ASO.
- The concert will include the Armed Forces Medley, film scores, patriotic favorites and highlights from West Side Story and Guys and Dolls. The grand finale will feature a spectacular fireworks display with Tchaikovsky's 1812 Overture, accompanied by live cannons from the 3rd U.S. Infantry Regiment (The Old Guard). The program will be led by guest conductor John Devlin. Concert sponsors include McEnearney Associates Realtors, Caudron Megary Blackburn Wealth Management, Chadwicks, and the City of Alexandria.

#### THURSDAY/JUNE 29

Music at the Manor. 5-7 p.m. At River Farm, 7931 E. Boulevard Dr., Alexandria. River Farm presents its first-ever Music at the Manor, a sunset evening featuring live music by 2 dames and a stand-up dude. Mary Bowers, Lynne White, and Scott Freeman are 2 dames and a stand-up dude. They play an array of cover songs that span several decades and multiple genres; from Bossa Nova and show tunes like Girl from Ipanema and Fly Me to the Moon to singer-songwriter and contemporaries like Sheryl Crow and the Indigo Girls, with some country and Americana tossed into the mix. Guests are encouraged to pack a blanket and picnic basket with their choice food and beverage for an evening of crowd-pleasing tunes at sunset along the Potomac River. The BYOB outdoor garden event is free and open to the public.

#### JUNE 30-JULY 24

"Spring Awakening." At Ainslie Arts Center, 3900 West Braddock Road, Alexandria. Monumental Theatre Company will stage Duncan Sheik and Steven Sater's Spring Awakening. Based on Frank Wedekind's 1891 play of the same name, the story follows a group of German teenagers who discover and explore their sexual identities. This alternative rock musical is a timely and timeless story that invites audience members to reclaim the narrative surrounding the often taboo subjects of sexual education, love, and acceptance. Tickets will be available online at https:// www.monumentaltheatre.org/.

#### JULY 1, 2023

Used Book Sale: 10 a.m. – 4 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane. Selection of over 20,000 gently used children's books, fiction, history, biography, home and garden, cooking, crafts, sports, religion, travel, CDs, DVDs, and more. Unless specially priced, \$1 for hard backs and large paperbacks, and 25 cents for mass market paperbacks. Visit https://www. fairfaxcounty.gov/library/branches/friends-of-sherwood-regional.

#### SUNDAY/JULY 9

See Entertainment, Page 10 Mount Vernon Gazette 🔹 June 29 - July 5, 2023 🔹 9

From Page 8 hard on American viewers – with kickoffs ranging from 3 a.m. to 10:30 p.m., it's going to be crucial to develop a critical mass of fans to watch with. Keep an eye out on your favorite pub's social media pages for special World Cup-related deals - and special

4 Dates to Circle in July

#### Beats, Bites and Brews at

hours of operation, to boot.

John Carlyle Square, July 29 Local musicians, local food vendors and local

breweries and wineries join forces on the final Saturday of the month to celebrate the best of summer. From Himalayan and Japanese cuisine to ceramics artisans and fitness leaders, this event is poised to contain multitudes. 11 a.m.-6 p.m. Free admission.

Hope Nelson is the author of "Classic Restaurants of Alexandria" and owns the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

#### www.ConnectionNewspapers.com

# 25 Deanna Bogart (Blues, R&B)

### FRANCONIA NIGHTS

- At Leonadus K. Plenty Amphitheater,
- 19 Chuck Brown Band (Go Go/Funk/ 26 Silver Tones Swing Band (Swing

- - Aug. 27 Trifilio Tango Music

#### **THRU-JULY 23**

Mark Drefs and Leslie Nolan Exhibit. At the Athenaeum, Alexandria. Mark Drefs and Leslie Nolan are presenting a vibrant body of work at the Athenaeum Gallery. Drefs and Nolan both play with bold lines and color in a way that is complementary of the other's work and style. Dref's abstract pieces are highlighted by their layered components, and almost transparent hues that show all details in the paintings. While Nolan shows more figurative forms that have a raw quality to the finished product through the strong paint strokes and bold gestural motions, which display the realness of the subject.

- - play and fun for your furry ones. The full event schedule of Robinson
- SUNDAY SOUNDS ON THE PROMENADE

16 The Nighthawks (Blues)

Fusion)

23 Dave Kline Band (World Jazz

OLD TOWN ALEXANDRIA

WATERFRONT MUSIC SERIES

4-7 p.m. At Old Town Alexandria

waterfront. Join in the Waterfront

Wednesday Music Series featuring

musicians. Bring a chair or simply

a range of music genres by local

stop by to enjoy some beautiful

Free Concerts. Wednesdays from

#### waterside beats. Free. Weather permitting. June 28 - Adrian Duke Project July 12 - Melissa Quinn Fox July 19 - Vaughn Ambrose and the SJE July 26 - Amafujo's Moodswings August 2 - Chris Barrick Vibes and Organ Trio

August 9 - Sol Roots August 16 - Delta Spur

- 7 Pioneer Mill Way, Alexandria. Yellow Door Music Concert Series
- on select Sundays. July 30 - Vaughn Ambrose Jazz Trio
- presents a musical lineup of artists On Aug. 27, in honor of National Dog
- Day that weekend, Robinson Landing encourages individuals to bring
- their dog out for a yappy social for
- terfrontEvents.

Landing programming is located at www.RobinsonLanding.com/Wa-

- Free Concerts. 11:30-1:30 p.m. At



## ENTERTAINMENT



"Spring Awakening" will be shown June 30-July 24, 2023, at the Ainslie Arts Center in Alexandria.

#### From Page 10

a non-profit arts organization, unveils the 1st ever DC South Asian Music Festival from July 21-23. From the soul-stirring classical vocal and instrumental masterpieces to the mesmerizing Sufi, Ghazal, and Evergreen Bollywood, it promises to be an unforgettable musical journey. Sarod Maestro Amjad Ali Khan and sons Amaan Ali Bangash and Ayaan Ali Bangash, open the festival with their enchanting classical traditions on Friday, July 21. Saturday, July 22 starts with a Singing Competition, a showcase of exceptional local South Asian talent, taking the stage. On Saturday July 22 and Sunday July 23, the exceptional performances continue. Wheaton High School, 12401 Dalewood Dr,

- Silver Spring, MD 20906 For the full schedule, passes and tickets, visit
- https://www.dcsaaci.org

#### THE BIRCHMERE

At 3701 Mount Vernon Ave., Alexandria. All shows are at 7:30 p.m., unless otherwise noted. Tickets available at Ticketmaster.com. Contact The Birchmere at 703-549-7500 or www.Birchmere.com.

#### JUNE

Fri. 30: Newmyer Flyer Presents The Songs of Burt Bacharach & Hal David \$39.50 JULY

- Sat. 1: Donnell Rawlings \$35.00 SOLD OUT!
- Thu. 6: Michael Franks \$65.00 SOLD OUT! Fri. 7: Michael Franks \$65.00 SOLD OUT!
- Sat. 8: Bela Dona Band \$39.50

Sun. 9: Acoustic Alchemy \$35.00 Mon. 10: Nick Lowe & Los Straitjackets \$45.00 SOLD OUT!

- Fri. 14: Kindred The Family Soul 20th Ann of "Surrender To Love" Album Tour \$75.00
- Sat. 15: Kindred The Family Soul 20th Ann of "Surrender To Love" Album Tour \$75.00
- Sun. 16: Rodney Crowell: The Chicago Sessions with Rob Ickes & Trey Hensely \$59.50

Thu. 20: Tab Benoit w/ Anthony Rosana and the Conqueroos \$45.00

Fri. 21: Don McLean "American Pie 50th Anniversary Tour!" \$69.50 Sat. 22: Who's Bad – The Ultimate Michael Jack-

son Experience \$39.50 Fri. 28: Anthony Brown & group therAPy \$39.50

Sat. 29: MAYSA \$69.50 Sun. 30: The Stylistics \$65.00

Mon. 31: Joey McIntyre 'Solo Joe Tour' \$45.00

#### 10TH ANNUAL OLD TOWN PUB CRAWL ON SATURDAY, JULY 15 From 1:30-6pm stop at all locations, look

- One day, one crawl, eight stops. There will be two Port City Brewing Company pub crawl guides at participating bars and restaurants See below. Participation is as simple as this: visit one of the participating restaurants, find a Port City pub crawl guide and obtain a pub crawl pass from them. You'll then take that pass and get it stamped at each participating restaurant (no purchase required to get the stamp) between 1:30 p.m. and 6 p.m. Once your pass is completed, take it to the information station (across from Mai Thai) beginning at 5 p.m. to get your limited edition
- pub crawl glass. From 1:30-2:30 pm go to any of the participating locations to grab your Pub Crawl Pass
- for the PCBC Team and get a stamp on your Pub Crawl Pass. Stay and enjoy some Port City beer at your favorite spots. (No purchase required to get the stamp) Stop by the Port City Tent from 5-6pm with
- your completed Pass and get the limited edition Pub Crawl Pint Glass! Free to participate, no registration required.
- Participating Locations: Bugsy's Pizza Restaurant & Sports Bar; Chadwicks; Daniel O'Connell's Irish Restaurant and Bar; The Fish Market in Old Town Alexandria, VA; Union Street Public House; Virtue Feed & Grain; Vola's Dockside Grill / The Hi-Tide Lounge; Blackwall Hitch
- https://visitalexandria.com/events/9th-annual-port-city-old-town-pub-crawl/

### **Timed Entry for Freedom House Museum**

The Freedom House Museum is what remains of a large complex dedicated to trafficking thousands of Black men, women, and children from 1828-1861. This museum honors the lives and experiences of the enslaved and free Black people who lived in and were trafficked through Alexandria. Slavery, race-based laws and racial terror erased and diminished African American history and contributions from the national narrative; however, this museum seeks to reframe white supremacist history.

Admission is required to visit the three floors of Freedom House Museum. Due to high demand, we highly encourage you to purchase tickets in advance and not at the door.

Museum is open Sunday and Monday, 1-5 p.m; Thursday and Friday. 11 a.m.-4 p.m.; Saturday 11 a.m.-5 p.m.

Notes on your visit:

Guests do not need to print off tickets. Your name will be on the registration list for the day.

Please arrive 5 minutes prior to your admission time. If running late, call the Museum at 703-746-4702 or your reservation will be www.ConnectionNewspapers.com

forfeited 5 minutes after your admission time has begun and no refunds will be issued.

✤ The Freedom House Museum's timed entry reservation system is for visitors' personal use only. Timed tickets are valid only for the stated visitor(s), guests(s), date, and time. Tickets may not be sold or transferred. Reservations that violate these conditions may be cancelled.

Admission includes the ability for guests to step outside and return to the Museum during the same date of admission. Plan at least 1.5 hours for your visit.

At all Historic Alexandria sites, we do not tolerate racist or derogatory jokes, comments, or harassment from our guests or staff. We value the dignity of all people who enter our sites. We are committed to creating an environment where together we can explore Alexandria's complex history in a manner that is respectful for all. Violators of this policy will be asked to leave the premises.

♦ For groups of 10 or more, visit Freedom House webpage (alexandriava.gov/ FreedomHouse)



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### Within the Next Month



#### By KENNETH B. LOURIE

One of the most persistent and enduring thoughts I have is very much a product of my survival. When you're told by your oncologist - and by association, your pulmonologist, your thoracic surgeon, a pathologist, and by your long-time internal medicine, primary care provider, that you have stage IV, non-small cell lung cancer and have a "13 months to two years" prognosis, your life is turned completely upside down and inside out. To say your life will never be the same is the understatement of the year. To characterize it any differently would be naïve/delusional.

As such, your sense of time - and appreciation of time, changes. How do you live in the present when you've been told by several physicians that in effect, you have no future? Your perspective and orientation go to an emotional place you've likely never been to before. And oh, by the way, you pretty much cede control of your life to this most unwanted intruder: cancer, as well.

And then, low and behold, to all your doctors' surprise, you don't succumb to your disease. In fact, you live a relatively normal life, from outward appearances, going on 14 and half years. So far, that's 13 years-ish past the do-or-die prognosis you received. Eventually, since you're still living, you sort of work in, or perhaps even plan for a future. A future which has been tenuous and hardly guaranteed. Yet, in this conundrum of living after being told you were likely going to die, suddenly, sort of, the future is upon you.

But it's a future that's coated in the past. How can one look forward when previously you were constantly being pulled backward to a pre-existing grim reaper if there ever was one: "terminal" cancer. Then you don't die. Years pass and your sense and expectation of time is thrown completely out of whack. Living forward, how do you live and try to ignore all the indicators and professional opinions that say you were going to die much sooner than you or they anticipated? Somehow, you must bury the lead, as they say.

So, you put these thoughts in the vault, per a Jerry Seinfeld episode, and try to live as if you're not dying. But as simple as that may sound, if you compartmental ize. the fact and truth of the matter is there's always a nagging subconscious Ying and yang that hides in plain sight. And so, you think, what happens if and when the results of lab work diagnostic scans (PET, MRI, CT and Bone) change – for the dramatically, dare I say, inevitably worse? This is the definition of unproductive thought. But that's the battle that rages in your brain the conscious and the subconscious.

And when this internal emotional struggle manifests for me, it's typically when my next quarterly scans are around the next quarter. As it so happens, and it serves as good fodder for this column, it is "now," as made famous by legendary football coach, George Allen, pronouncing that "The future is now." - as is mine right now. Certainly, after 14 years, I'm experienced dealing with this reality. Nevertheless, the future is now, and I can't deny that the longer I live the more intense my fear that change is coming. Moreover, neither can I deny that this process is getting more difficult to endure. I can't help thinking that one of these days, the figurative hammer is going to come crashing down on my computer when my most recent lab and/or scan results are emailed to me.

When I received notification in my email that these guarterly results have been emailed, I take a deep breath, exhale, pray to God for good news and then I click on the link (I'm physically shaking, by the way, during this process) and wait for the nearly instantaneous download. I read with trepidation and fear and hope to find enough familiar positive-sounding conclusions/assessments from the doctors. At this juncture, I am usually on my own. Dina is often working at a local barn caring for a damaged horse and my doctors are not exactly waiting on hold for my reaction, ready to answer any questions. When I am lucky enough - to have my warranty extended, so to speak, after receiving the results with which I can live, I am reminded of "Mad Magazine" and Alfred E. Newman: "What me worry?" So much to ado about nothing "What a waste of worry I say to myself. Let me assure you, waiting for cancer-related results is hardly nothing. In fact, it is the subject for which worry was invented. I wish there was another way to get through this quarterly ordeal, but I'm afraid, on many levels, there isn't.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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